

*The Role of Eye Movement Desensitisation Reprocessing therapy in Vocal Training*

Hilary Jones's research centers on the connection between the Centre's core vocal technique and EMDR training. She will be presenting a paper at the British Voice Association's International Conference 'Choice for Voice', being held in London in July 2010. Entitled, 'Managing Performance Stress - the role of EMDR in Vocal Training' - the presentation will look at the Nadine George technique with its unique and specific focus on the vocal-ocular connection and its correlation to Eye Movement Desensitisation Reprocessing (the preferred therapy for treating Post Traumatic Stress Disorder). Hilary is currently exploring this exciting link in partnership with Marilyn O'Connor, an established and highly experienced EMDR psychologist.